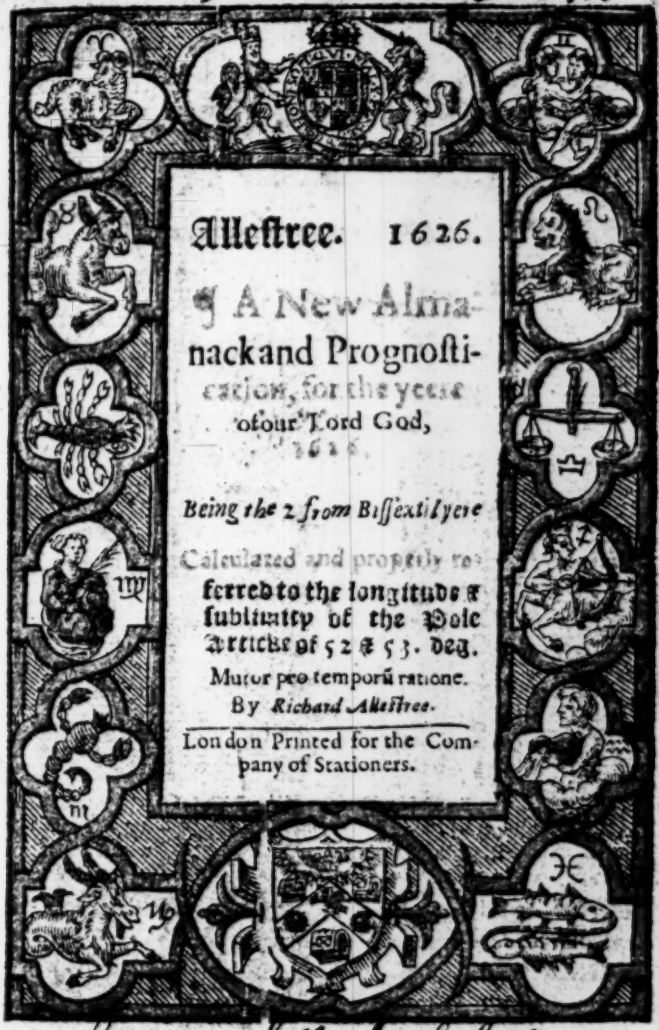
Tam Marti C. M. 1.



Allestree. 1626.

¶ A New Almanack and Prognostication, for the yeere of our Lord God, 1626.

Being the 2 from Bissextil yere

Calculated and properly referred to the longitude & sublimity of the Pole Articke of 52 & 53. deg.

Mutor pro temporũ ratione.

By *Richard Allestree.*

London Printed for the Company of Stationers.

Lignum aloes.. Agaloclus.
Tam Marti quam Mercurio.

$70

mors omnibus c[illegible]

ut medicina corpus, ita animus curat
philosophia
ientes futura praevident, quoniam
naturalis est secundum necessitatem
rmae; quoniam ex similibus causis
iles producuntur effectus.

A perfect Table of the foure Tearmes and their Returns, with the Essoyne dayes, dayes of Exception, Returna Brevium, dayes of apparance fitting this year, 1626.

Hillary tearme begins Ianu. 23. ends Febr. 13

Returne dayes, or dayes of Essoyne.		Dayes of Exception.		*Returna Brevium.*		Dayes of Apparance	
Octab. Hillary	Ian. 20	Ianuary	21	Ianuary	22	Ianuary	23
Quind. Hillary	Ian. 28	Ianuary	28	Ianuary	29	Ianuary	30
Craft. purif.	February 3	February	4	February	6	February	6
Octab. purif.	Febr. 9	February	10	February	11	Februa.	13

Easter Terme begins Aprill 26. & ends May 22.

Quind. paschæ	Apr. 24	Apr	24	Apr	26	Apr.	26
Tres paschæ.	May 2	May,	3	May	4	May	5
Mense paschæ	May 8	May,	7	May	10	May	11
Quin. paschæ	May 15	May,	16	May	11	May	17
Crasti. Ascenti.	May 19	May.	9	May	10	May	10

Trinity Terme begins Iune 9. ends Iuly 28.

Crasti. Trinita.	Iune 5	Iune	6	Iune	7	Iune	7
Octab. Trinit.	Iune 12	Iune	13	Iune	14	Iune	15
Quin. Trinit.	Iune 19	Iune	20	Iune	21	Iune	22
Tres Trinita.	Iune 26	Iune	27	Iune	28	Iune	28

Michaelmas tearme begins Octo. 9. endes Nouemb. 28.

Octa. Michael.	Octo. 6	October	7	October	7	Octob.	8
Quind. Micha.	Octo. 13	October	14	Octob.	16	Octob.	17
Tres Michael.	Octo. 20	October	21	Octob.	21	Octob.	23
Mense Mich.	Octo. 27	October	27	Octob.	30	Octob.	30
Craft. Anima.	Nou. 3	Nouem.	4	Nouem.	6	Nouem.	7
Craft. Martin.	Nou. 12	Nouem.	13	Noue.	14	Noue.	15
Octab. Martin.	Nou. 18	Nouem.	18	Noue.	20	Noue.	21
Quind. Martin.	Nou. 25	Nouem.	25	Noue.	27	Noue.	27

Note also, that the Exchequer openeth eight dates before any Terme begin, except Trinity terme, before the which it openeth only foure dayes.

Vulgar Notes of The Iulian, Soligenian, or English account for this yeare, 1626.		The Lilian, Gregorian, or Roman account, for this yeare, 1626.	
The Golden number	12	Aureus Numerus	12
The Circle of the Sun.	11	Cyclus Solaris	11
The Dominicall Letter	B	Literæ Dominicales	AD
The Roman Indiction	9	Indictio Romana	9
The Epact.	12	Epactæ	2
Quadrageſima,	Febr. 26	Quadrageſima,	Mart. 1
Faſter day,	April 9	Dominica Paſchatis	April 12
Aſcenſion day	May 18	Aſcenſio Chriſti	Maii 21
Whitſunday	May 28	Pentecoſte	Maii. 31
Aduent ſunday,	Decemb. 3	Aduentus Dom.	Nouemb. 29
From the Nativity of Chriſt, to Shroueſunday, is eight weekes.		Interuallum minus, ſiue numerus hebdomadarum & dierum inter Natalē, Dom. & Eſto mihi hebdo. 8.	dierum 3
Sundaies after Trinity, are	25	Dominicæ poſt Trinitatis.	24

Venus Lucifer aut Phoſphoros nuncupatur, quam Solem antecedit, aut eum oritur: Heſperos vero aut Veſper, quando ſolem inſequitur atq; poſt eum occidit.

This Golden Planet Venus is Orientall, from the beginning of this yeare, vntill the 28. day of Aprill following, ſo long ſhee is our bright Morning Starre before Sun riſing, and thereof called *Lucifer*. On the 29. day of Aprill aforeſaid, ſhee beginneth to be Occidentall, or our glittering Euening Starre, ſetting after the going downe of the Sun, and therof termed *Eſperos vel veſperus*, that is the Euening Star, continuing ſo vntill the 15. day of February, 1627.

Charles our Soueraign King, did begin his reigne ouer GreatBrittaine, Anno 1625. March the 27. and hath reigned one yeare compleate this yeare, 1626. March 26.

The 4. Aſpects of the Planets, their Coniunctions, with their Characters, & the definition of them.

1. The Coniunction is (though no Aſpect) when two planets are both in one ſelfe-ſigne, one ſelfe-degree of the Eccliptick not regarding Latitude: which Aſpect in Greeke, is called Synodos, and is marked thus ☌. It is good with good planets, and worſe with the contrary.

2 The Sextile Aſpect, is, when two planets are diſtant one from another, betweene the centures of their own bodies, by a ſixt part of the Zodiake: that is to ſay, by two whole ſignes, or 60. degrees, which Aſpect is cald in Greek Exagonos, and is marked thus ⚹: wherefore it is called an Aſpect of vnperfect friendſhip.

3. The Quadrile Aſpect, is when two planets are diſtant the one from the other three whole ſignes, or 90 Degrees of the Zodiake: and is called in Greeke Tetragonos, and is marked thus □. Therefore it is an Aſpect of vnperfect enmity.

4. The Trine Aſpect, is when two planets are diſtant the one from the other by foure whole ſignes, or 120. degrees of the Zodiake, and is called in Greeke Trigonos, & is marked thus △. Therefore it is an Aſpect of perfect loue and amity.

5. The Oppoſition, is when two planets are right oppoſite the one to the other, and are diſtant the one from the other by ſix whole ſignes, or 180. degrees of the Zodiake, and it is called in Greeke Diametros, marked thus ☍. Therefore it is called an Aſpect of perfect enmity or hatred, as it hath bene ſpecified by ancient & ſkilfull Aſtrologians.

The Dragons head is marked thus ☊, and it is good with the good Planets, and worſe with the worſe.

The Dragons taile is marked thus ☋, and is contrarie vnto the Head, for it is euill with the good, and good with the worſe.

Note, that an Vnguent or Plaiſter is beſt applied, when the Moone is in that Signe which is attributed vnto that member whereunto it is applyed.

The parts of mans body, which the Planets doe signifie of themselues.

Saturnus	Iupiter.	Mars.	Sol
Spleene, Right Eare, Bladder, and Bones.	Lungs, Ribs Liuer, Gristles, Gaule, Arteries.	Gall, reynes, Left eare, Veines, and Stones.	Sight, Heart, right side, marrow, sinnewes right eye viri ♂ et ♀.
Venus	Mercurius	Luna.	
Kidneies, sperme, fatnesse, buttockes, genitals, matrice, pappes, and thyoate.	Memory, Tongue, Hands, phantasie, Mouth, Sinewes, And shankes	Left eye viri, right mulieris, stomacke, Left side, Breast, womb-port, and Taste.	The secrets of both sex.

The twelue Signes are thus charactred.	Aries. ♈	Taurus. ♉	Gemini. ♊	Cancer. ♋	Leo. ♌	Virgo. ♍
	Libra. ♎	Scorpio. ♏	Sagit. ♐	Capric. ♑	Aquar. ♒	Pisces. ♓
The Planets thus, with the Dragons head and taile.	Saturne. ♄	Iupiter. ♃	Mars. ♂	Sol. ☉	Venus ♀	
	Mercury. ☿	Luna. ☽	Caput drac. ☊	Cauda drac. ☋		
The Aspects thus.	Coniunct. ☌	Sextile. ⚹	Quadr. □	Trinus. △	Oppositio ☍	

Times of Marriage prohibited by the Church.

From { After Aduent sund. / After Septuagesi. / Three dayes before the Ascension. } Till { Eight dayes aft. the Twelfe day. / 8. dayes af. Easter. / Trinity Sunday }

The Anathomy of mans body, as the parts are Heathenishly attributed to the twelue signes of the Zodiaque.

Aries, the Head and Face.

Taurus, Necke and Throate.

Cancer, Brest, Stomacke, and Ribs.

Virgo, Bowels and Belly.

Scorpio, Secrets

Capricornus The Knees

Gemini, Armes and Shoulders.

Leo, Hart & backe

Libra, Reines and Loynes

Sagitarius Thighes.

Aquarius The Legges

Pisces. The Feete.

In the 7. or last columne of this my Almanacke toward the right hand, you haue the houre & min. of the sunrising about Couentrée, for euery day in the yeare, which houres and min. are halfe the length of the same night. For example: the 8. of Jan. the Sun riseth at 8. of the clocke, which being doubled, maketh 16. houres and no min. the length of that night. And to know the time of the Sun-setting through the yeare, take the houres and minutes found in the Almanacke for sun-rising, from 12. and you shall haue the Sun setting left: which being doubled, is the length of the day. Example: January the 8. day aforenamed, the sun riseth at 8. and no minutes: take 8. from 12. and there resteth 4 the houre of sun set that day, 4 being doubled, maketh 8. hours, the length of that day, and so of all the rest. This is very easie.

The daies of the month.	Weeke daies.	Festiual daies in vse for Law daies, keeping of Fayres, &c.	The place the ☉ is in the Zodiak euerie day at noone.	The Aspects of the Moon, with the Planets, or void of course, fit for Physitians & others.	Full Sea at London-bridge	The houre & min. of Sun-rising at Couentree.
i	♑	Circ. of Chri	Cancer 9	Like to freeze,	0, 8	8, 9
ii	b	Octa. Steph	Cancer 22	Full ☽ 1, p ☿	3, 0	8, 7
iii	c	Octa. Iohn	Leo 4	□♃ ☽ 4, a	3, 44	8, 6
iiii	d	Octa. Innoc.	Leo 17	☌♀ ☽ 11, p	4, 28	8, 4
v	e	Dep. of Ed.	Leo 29	△♂ ☽ 7, a	5, 12	8, 2
vi	f	Epiphany	Virgo 10	Like to o freeze	5, 26	8, 1
vii	g	Felix & Ian.	Virgo 22	☌♄ ☽ 1, a	6, 40	8, 0
viii	a	1 sun. aft. Epi.	Libra 4	□♀ ☽ 8, a	7, 24	8, 0
ix	b	Martial. bis.	Libra 16	Cold winde	8, 12	7, 58
x	c	Paul. Apost.	Libra 28	L. qu. 50. 5, p	8, 0	7, 57
xi	d	Iginii Pape	Scorp. 10	✶♄ ☽ 9 p	9, 50	7, 55
xii	e	Wed. toms in	Scorp. 22	□♀ ☽ 7, a	10, 40	7, 54
xiii	f	Hillarie bish	Sagit. 5	✶☉ ☽ 9, a	11, 32	7, 52
xiiii	g	Felix priest	Sagit. 19	□♄ ☽ 5, a	12, 24	7, 51
xv	a	2 sun. af. Epip	Capric. 3	✶♃ ☽ 7, a	1, 16	7, 50
xvi	b	Marcellus	Capric. 17	☌♀ ☽ 2, a	2, 8	7, 48
xvii	c	Anthony	Aquar. 1	Ne ☽ 50, 10, p	3, 0	7, 46
xviii	d	Prisca virg.	Aquar. 16	□♂ ☽ 2, p	3, 52	7, 45
xix	e	Wolstan B.	Pisces 1	☌♀ ☽ 6, a	4, 44	7, 43
xx	f	Octa. Hillarie	Pisces 16	☌♄ ☽ 11, a	5, 36	7, 42
xxi	g	Agnes	Aries 1	☽ Va. cur.	6, 28	7, 38
xxii	a	3 sun. af. Epip	Aries 15	□♀ ☽ 7, p	7, 20	7, 37
xxiii	b	Petrus Nolas	Aries 29	☌♃ ☽ 2, p	8, 10	7, 35
xxiiii	c	Timotheus	Taurus 13	1 qua. 50. 2, p	9, 0	7, 34
xxv	d	Con. of paul	Taur. 27	Raine	9, 48	7, 32
xxvi	e	Polycarpe b.	Gem. 10	□♄ ☽ 7, p	10, 34	7, 30
xxvii	f	John Chrys	Gem. 23	△♀ ☽ 8, p	11, 20	7, 28
xxviii	g	Quind. Hillar	Cancer 6	△♃ ☽ 2, a	12, 2	7, 26
xxix	a	4 sun. af. Epip	Cancer 18	✶♄ ☽ 4, a	12, 46	7, 24
xxx	b	Batilde Qu	Leo 1	□♃ ☽ 11, a	1, 30	7, 22
xxxi	c	Virgil bishop	Leo 13	□♂ ☽ 7, a	2, 15	7, 20

● Full Moone the 2 day, at one afternoon. Kindly weather
(Last quar. the 10 day, 50 min. aft. 5, at night. Great win d
● New Moone the 17 day, 50 m. af. 2 at night. Not very col d
) First quar. the 24 day, 50 min. after 2 in the afternoon. Frost

English		Romane	
1	Kal	11	d
2	4	12	e
3	3	13	f
4	Pri	14	g
5	No	15	a
6	8	16	b
7	7	17	c
8	6	18	d
9	5	19	e
10	4	20	f
11	3	21	g
12	Pri	22	a
13	Id.	23	b
14	19	24	c
15	18	25	d
16	17	26	e
17	16	27	f
18	15	28	g
19	14	29	a
20	13	30	b
21	12	31	c
22	11	Fe	d
23	10	2	e
24	9	3	f
25	8	4	g
26	7	5	a
27	6	6	b
28	5	7	c
29	4	8	d
30	3	9	e
31	Pri	10	f

February hath xxviij. daies.

● Full Moone the 1 day, 10 min. past 9 in the forenoone.
☾ Last quar. the 9 day, 43 min. past 11 before noone.
● New Moone the 16 day, 22 min. after 9 in the morning.
☽ First quar. the 23 day, at 2 a clocke in the morning.

A Frost and great Raine and Winde this quarter.

i	d	Bridg. fast	Leo 25	Full ☽, 10, 9; a	3, 0	7.18
ii	e	Pari. Mary	Virgo 7	△♂☽, 11, p	3, 44	7,17
iii	f	Craft. Purif.	Virgo 19	☌♄☽ 4, a	4, 28	7,15
iiii	g	Gilbert bysh	Libra 1	☽ is Sauage.	5, 12	7,13
v	A	5 sun. aft. Epi.	Libra 12	△☿☽, 12, p	5, 54	7,11
vi	b	Dorothy vi.	Libra 24	△☉☽ 8, p	6, 40	7, 9
vii	c	Richard Ki.	Scorp. 6	☌♃☽ 2, a	7, 26	7, 7
viii	d	Syrus By.	Scorp. 19	☍♂☽, 6, a	8, 12	7, 5
ix	e	Octab. Purif.	Sagit. 9	L. qu. 43, 11, a	9, 0	7, 3
x	f	Sol in Pisces	Sagit. 14	□♄☽ 11, a	9, 50	7, 1
xi	g	Euphrasin.	Sagit. 27	✶♃☽ 6, p	10, 40	6,59
xii	A	Sexages. sund.	Capri. 11	△♄☽ 4, p	11, 32	6,57
xiii	b	Terme ends	Capr. 25	□♃☽, 10, p	12, 24	6,54
xiiii	c	Valentine	Aquar. 9	☌☿☽ 8, p	11, 16	6,52
xv	d	Faustin.	Aquar. 24	□♂☽ 3, a	2, 8	6,50
xvi	e	Julian mar.	Pisces 9	New ☽ 22, 9, a	3, 0	6,48
xvii	f	Policron	Pisces 24	✶♂☽ 6, a	3, 32	6,46
xviii	g	Concordia.	Aries 10	✶☿☽ 8, a	4, 44	6,44
xix	A	Shronesund	Aries 24	☍♃☽ 11, p	5, 36	6,42
xx	b	Eucharius.	Taur. 9	△♄☽ 7, p	6, 28	6,40
xxi	c	70 Martyrs	Taur. 23	a great winde	7, 20	6,38
xxii	d	Ashwednesd	Gem. 7	□♄☽ 11, p	8, 10	6,36
xxiii	e	Virgil. fast	Gem. 20	1 quar. 2, a	9, 0	6,34
xxiiii	f	Mathias By	Cancer 3	△♃☽ 8, a	9, 48	6,32
xxv	g	Victorin.	Canc. 15	✶♄☽ 7, a	10, 34	6,30
xxvi	A	1 Sund. in Le.	Canc. 28	□♃☽ 4, p	11, 20	6,28
xxvii	b	Julian mar.	Leo 10	like to be faire	12 2	6,26
xxviii	c	Oswald bish	Leo 22	☍☿☽ 10, p	12, 46	6,24

Remember that the next yeare Easter day falleth vpon the Annuntiation of *Mary*, or the 25. day of *March*, which it did neuer so since you and I was borne before.

To keepe good dyet, you ſhould neuer feed
Vntill you finde your ſtomacke cleane and void
Of former eaten meates, for they doe breed
Repletion, and will cauſe you ſoone be cloid.

1	Kal		11		
2	4		12		
3	3		13		
4	Pri		14		
5	No		15		
6	8		16		
7	7		17		
8	6		18		
9	5		19		
10	4		20		
11	3		21		
12	Pri		22		
13	Ide		23		
14	16		24		
15	15		25		
16	14		26		
17	13		27		
18	12		28		
19	11		Mn		
20	10		2		
21	9		3		
22	8		4		
23	7		5		
24	6		6		
25	5		7		
26	4		8		
27	3		9		
28	Pri		10		

March hath xxxj. daies.

● Full Moone the 3 day, 16 m. bet. 2 in the morn. Cold raine
☾ Last quar. the 11 day, 25 min. after one in the morn. Raine
● New Moone the 17 day, 35 m. aft. 6. in the euening. Raine
☽ First quar. the 24 day, at 3 a clocke afternoone. Raine

i	d	Dauid bysh.	Virgo	4	☍♀☽ 5, p	1, 30	6, 22
ii	e	Chadde	Virgo	11	☌♄☽ 5, a	2, 13	6, 19
iii	f	Martine	Virgo	28	Full ☽ 16, 2 a	3, 0	6, 17
iiii	g	Adrian	Libra	9	☽ Is sauage	3, 44	6, 15
v	A	2 sun. in Lent	Libra	2	☽ va. curs.	4, 28	6, 13
vi	b	Victorinus	Scorp.	3	Winde	5, 12	6, 10
vii	c	Perpetua	Scorp.	15	△♀☽ 10, a	5, 56	6, 8
viii	d	Felix	Scorp.	28	☍♂☽ 10, p	6, 40	6, 6
ix	e	Agapite vir.	Sagit.	10	□♄☽ 4, p	7, 24	6, 4
x	f	Alexander	Sagit.	23	✶♃☽ 12, p	8, 12	6, 2
xi	g	Sol in Aries	Capric.	6	L. qua. 25, 1, a	9, 0	6, 0
xii	A	3 sun. in Lent	Capric.	20	✶♀☽ 11, a	10, 0	5, 58
xiii	b	Euphra	Aquar.	3	Cold & darke	11, 0	5, 56
xiiii	c	Zachary	Aquar.	18	☽ Vac. cur.	12, 0	5, 54
xv	d	Longine	Pisces	3	△♃☽ 6, a	1, 0	5, 52
xvi	e	Cyriaci	Pisces	18	☌☿☽ 8, a	2, 0	5, 50
xvii	f	Patricke	Aries	3	New ☽ 35 6 p	3, 0	5, 47
xviii	g	Edward K.	Aries	18	☽ Vac. cur	3, 52	5, 45
xix	A	4 sun. in Lent	Tau.	3	☍♃☽ 6, a	4, 44	5, 43
xx	b	Cuthbert	Tau.	18	✶☿☽ 11, p	5, 36	5, 41
xxi	c	Benedict	Gem.	2	✶♀☽ 11, a	6, 28	5, 39
xxii	d	Paul bishop	Gemini	16	A cold day	7, 20	5, 37
xxiii	e	Theodore.	Gemini	29	□♀☽ 9, p	8, 10	5, 35
xxiiii	f	Fast	Cance.	12	1 quar. 0, 3, p	9, 0	5, 33
xxv	g	[illegible]	Cancer	25	□♃☽ 6, a	9, 48	5, 30
xxvi	A		Leo	7	△♀☽ 11, a	10, 34	5, 28
xxviii	b	Inst. R. Caroli	Leo	19	△☉☽ 8, a	11, 20	5, 26
xxvii	c	Priscis Mal	Virgo	1	✶♃☽ 5, a	12, 2	5, 24
xxix	d	Victorian	Virgo	13	☌♄☽ 6, a	12, 46	5, 22
xxx	e	Quirine	Virgo	24	☽ Apogæum	1, 30	5, 20
xxxi	f	Adelme	Libra	6	☌♀☿ 2, p	2, 15	5, 18

All Peares and Apples, Peaches, Milke, and Cheese,
Salt meats, red-Deere, Hare, Beefe, and Goat; all theese
Are meats that breed ill blood and Melancholly,
If sicke you be, to feed on them were folly.

1	Kal	11	S
2	6	12	a
3	5	13	b
4	4	14	c
5	3	15	D
6	Pri	16	e
7	No	17	f
8	8	18	g
9	7	19	a
10	6	20	b
11	5	21	c
12	4	22	D
13	3	23	e
14	Pri	24	f
15	Ide	25	g
16	17	26	a
17	16	27	b
18	15	28	c
19	14	29	D
20	13	30	e
21	12	31	f
22	11	Ap	g
23	10	2	a
24	9	3	b
25	8	4	c
26	7	5	D
27	6	6	e
28	5	7	f
29	4	8	g
30	3	9	a
31	Pri	10	b

Aprill hath xxx. daies.

☾ Full Moone the 1 day at 7 a clocke at night.
☾ Last quar. the 9 day, 37 min after 12 before noone.
● New Moon the 16 day, at 3 a clocke in the morning.
☽ First quar. the 23 day, 9 min. after 6 in the morning.
Thursday & Friday before Easter vehement windes are like to bee.

i	g	Con. Mary	Libra	18	Full ☽, 0, 7, p	1, 0	5, 16
ii	[illegible]	Palme sund.	Libra	30	☌♃☽ 6, a	3, 44	5, 14
iii	b	Mary Egip	Scorp.	12	✶♄☽ 7, a	4, 28	5, 12
iiii	c	Ambrose.	Scorp.	25	☽ vac. cur.	5, 12	5, 10
v	d	Martian m.	Sagit.	7	□♄☽ 7, a	5, 56	5, 8
vi	e	Sextus bish	Sagit.	20	a great winde	6, 40	5, 9
vii	f	Euphemie	Capric.	3	✶♃☽ 2, a	7, 24	5, 5
viii	g	Tiburt. Fast	Capric.	16	△♄☽ 2, a	8, 12	5, 3
ix	[illegible]	Easter day	Capric.	29	L. qu. 37, 11, a	9, 0	5, 2
x	b	Sol in Taurus	Aquar.	13	☍♃♀ 7, 50, p	9, 50	5, 0
xi	c	Leo confessor	Aquar.	27	△♃☽ 9, a	10, 40	4, 57
xii	d	Julius	Pisces	12	☍♄☽ 8, a	11, 32	4, 55
xiii	e	Eufemy virg	Pisces	26	□♂☽ 8 a	12, 24	4, 53
xiiii	f	Tiburt	Aries	11	☽ is Sauage	1, 16	4, 51
xv	g	Olimpia	Aries	26	☍♃☽ 10, a	2, 8	4, 49
xvi	[illegible]	1 sun. aft. East	Taur.	11	New ☽ 0, 3, a	3, 0	4, 47
xvii	b	Auicetus	Taur.	26	☽ vac. cur.	3, 52	4, 44
xviii	c	Eluthe[illegible]us	Gem.	10	Sweet showrs	4 44	4, 42
xix	d	Alphege bysh	Gemin.	24	☌♂☽ 9, p	5, 36	4, 40
xx	e	Victor Bysh	Cancer	8	✶♀♄☽, 4, p	6, 28	4, 38
xxi	f	Simeon bish	Cancer	21	□♃☽ 8, p	7, 20	4, 36
xxii	g	Sother virg	Leo	3	☽ is Sauage.	8, 10	4, 34
xxiii	[illegible]	2. George mar	Leo	16	1 quar. 9, 6, a	9, [illegible]	4, 32
xxiiii	b	Quind. pasch.	Leo	28	□♀☽ 1, p	9, 48	4, 30
xxv	c	Mark Evan	Virgo	9	☌♄☽ 11, a	10, 34	4, 28
xxvi	d	Cerme begin	Virgo	21	△☉☽ 1, a	11, 20	4, 26
xxvii	e	Anastas. bish	Libra	3	□♂☽ 11, a	12, 4	4, 25
xxviii	f	Vitalis mar	Libra	15	Like to thund	12, 46	4, 23
xxix	g	Peter Med.	Libra	27	☌♃☽ 4, a	1, 30	4, 21
xxx	[illegible]	3 sun. aft East	Scorp.	9	✶♄☽ 11, a	2, 15	4, 19

Chuſe wine you may ſhall ſerue you all the yeare,
Well-ſauour'd, taſting well, and colour'd cleare:
Fiue qualities there are, win's praiſe aduancing,
Strong, beautifull, and fragrant, coole, and dauncing.

1	Ka		11	c
2	4		12	d
3	3		13	e
4	Pri		14	f
5	No		15	g
6	8		16	a
7	7		17	b
8	6		18	c
9	5		19	d
10	4		20	e
11	3		21	f
12	Pri		22	g
13	Ide		23	a
14	18		24	b
15	17		25	c
16	16		26	d
17	15		27	e
18	14		28	f
19	13		29	g
20	12		30	a
21	11		ma	b
22	10		2	c
23	9		1	d
24	8		4	e
25	7		5	f
26	6		6	g
27	5		7	a
28	4		8	b
29	3		9	c
30	Pri		10	d

May hath xxxi. daies.

☉ Full Moone the 1 day, 6 min. after 10 forenoone. Raine.
☾ Last quar. the 8 day, at 7 a clocke in the afternoone, Raine.
☉ New Moone the 15 day, 24 min. after 11. fornoon. A frost
☽ First quar. the 22 day, at 11 at night. Very cold ayre
☉ Ful Moon the 30 day, 40 m. aft. 10 at nig. Cold & windy

i	b	Phil. & Jac.	Scorp.	21	Full ☽ 6, 10 a	3, 0	4, 17
ii	c	Tres Pasche	Sagit.	4	A frost	3, 52	4, 16
iii	d	Inn. of cross	Sagit.	17	☍☿☽ 4, a	4, 44	4, 14
iiii	e	Christopher	Sagit.	30	✶♃☽ 2, a	5, 36	4, 12
v	f	Gothardus	Capric.	13	△♄☽ 7, a	6, 28	4, 10
vi	g	Jo. port. lat.	Capric.	26	□♃☽ 8, a	7, 20	4, 8
vii	A	4 sun. aft. East	Aquar.	10	✶♄☍ 2, p	8, 10	4, 6
viii	b	Mense pasche	Aquar.	23	L. quar. 0, 7, p	9, 0	4, 4
ix	c	Transl. Nich	Pisces	7	☍♄☽ 3, p	9, 50	4, 2
x	d	Gordian	Pisces	21	☽ Va. cur.	10, 40	4, 1
xi	e	Sol in Gemini	Aries	6	✶♀☽ 7, a	11, 32	4, 0
xii	f	Pancratium	Aries	20	☍♃☽ 2, p	12, 24	3, 59
xiii	g	Seruatius	Taurus	5	△♄☽ 6, p	1, 16	3, 58
xiiii	A	5 sun. aft. East	Taur.	20	✶♂☽ 1, a	2, 8	3, 56
xv	b	Quinque Pasc	Gem.	4	Ne ☽ 24, 11, a	3, 0	3, 54
xvi	c	Brandon	Gem.	18	△♃☽ 7, p	3, 52	3, 53
xvii	d	Corp. Fast	Cancer	2	☌♀☽ 3, a	4, 44	3, 52
xviii	e	Ascensionis	Cancer	16	☌♂☽ 2, p	5, 36	3, 51
xix	f	Crast. Ascens	Cancer	29	□♃☽ 2, a	6, 28	3, 50
xx	g	Hellen queen	Leo	11	✶♀☽ 9, p	7, 20	3, 49
xxi	A	6 sun. af. East.	Leo	24	✶♃☽ 10, a	8, 10	3, 48
xxii	b	Terme ends	Virgo	6	1 quar. 0, 11 p	9, 0	3, 48
xxiii	c	Desiderius	Virgo	17	☌♄☽ 8, p	9, 48	3, 47
xxiiii	d	Domitian	Virgo	29	□☿☽ 8, a	10, 34	3, 46
xxv	e	Urbanus	Libra	11	△☉☽ 5, p	11, 20	3, 45
xxvi	f	Beda priest.	Libra	23	☌♃☽ 6, a	11, 2	3, 44
xxvii	g	Fast	Scorp.	5	✶♄☽ 7, p	12, 46	3, 43
xxviii	A	Whitsunday.	Scorp.	17	△♂☽ 8, p	1, 36	3, 43
xxix	b	Nichomede	Scorp.	30	☽ Vac. cur.	2, 13	3, 42
xxx	c	Wigandus	Sagit.	13	Ful ☽ 40, 10 p	3, 0	3, 42
xxxi	d	Petronilla	Sagit.	26	☍♀☽ 5, p	3, 52	3, 41

If in your drinke, you mingle Rew with Sage,
All poyſon is expeld by power of thoſe,
And if you would withall luſts heate aſſwage,
Adde to them two the gentle flow'r of Roſe.

1	Kal	11	e
2	6	12	f
3	5	13	g
4	4	14	a
5	3	15	b
6	Pri	16	c
7	No	17	d
8	8	18	e
9	7	19	f
10	6	20	g
11	5	21	a
12	4	22	b
13	3	23	c
14	Pri	24	d
15	Ide	25	e
16	17	26	f
17	16	27	g
18	15	28	a
19	14	29	b
20	13	30	c
21	12	31	d
22	11	Ma.	e
23	10	2	f
24	9	3	g
25	8	4	a
26	7	5	b
27	6	6	c
28	5	7	d
29	4	8	e
30	3	9	f
31	Pri	10	g

Iune hath xxx. daies.

(Last quart. the 6 day, about midnight, Darke weather.
● New Moone the 13 day, 5 min. aft. 8 at night, Like to rain
) First quart. the 21 day, 32 min. after 4 afternoone, cloudy
○ Full Moone the 29 day, 21 min. after 9 morn. Faire weath

i	c	Nichomede	Capric.	5	△♄) 3,p	4, 44	3,41
ii	f	Marcelline	Capric.	23	□♃) 11 a	5, 36	3,40
iii	g	Eraſmus	Aquar.	7	) Is Sauage	6, 28	3,40
iiii	a	Trinity ſund	Aquar.	20	△♃) 4,p	7, 20	3,40
v	b	Craſt. Trinit.	Piſces	4	△♀) 1,p	8, 10	3,39
vi	c	Melones	Piſces	18	L. quar. 20, p	9, 0	3,39
vii	d	Lucian Ep.	Aries	2	△♂) 6,a	9, 50	3,39
viii	e	Corpus Chriſt	Aries	16	☌♃) 8,p	10,40	3,39
ix	f	Aeries begin	Aries	30	□♂) 9,a	11,32	3,39
x	g	Getuly	Taur.	15	△♄) 3,a	12,24	3,39
xi	a	Sol in Cancer	Taur.	29	✶♂) 3,p	1, 16	3,39
xii	b	Octa. Trinita.	Gem.	13	☌♀) 2,p	2, 8	3,39
xiii	c	Anthony	Gem.	27	New) 1 ♋ 8	3, 0	3,39
xiiii	d	Baſil Byſh.	Canc.	10	✶♄) 1,p	3, 44	3,39
xv	e	Vite & Mode	Canc.	24	□♃) 9,a	4, 28	3,39
xvi	f	Richard	Leo	7	☌♂) 9,a	5, 12	3,39
xvii	g	Botolfe	Leo	19	✶♃) 6,p	5, 56	3,39
xviii	a	2 ſun. aft. Trin	Virgo	2	✶☉) 10,p	6, 40	3,40
xix	b	Quind Trinit.	Virgo	14	☌♄) 9,a	7, 24	3,40
xx	c	tranſl. of Ed.	Virgo	25	✶♀) 6,a	8, 12	3,40
xxi	d	Walburge	Libra	7	1 Qu. 32. 4, p	9, 0	3,41
xxii	e	1000 martir	Libra	19	☌♃) 5,p	9, 48	3,41
xxiii	f	paul Faſt	Scorpio	1	□♀) 11,a	10,34	3,42
xxiiii	g	Iohn Bapt.	Scorp.	13	□♂) 2,a	11,20	3,43
xxv	a	3 ſun. aft. Trin	Scorp.	25	△♀) 5,p	12, 2	3,43
xxvi	b	Tres Trinitat.	Sagit.	8	□♄) 5,p	12,46	3,44
xxvii	c	7 ſleepers	Sagit.	21	✶♃) 1,p	1, 30	3,45
xxviii	d	Reines ends	Capric.	4	) Is ſauage.	2, 15	3,46
xxix	e	S. Peter	Capric.	18	Ful) 21, 9 a	3, 0	3,47
xxx	f	Com. of paul	Aquar.	2	☌♀) 6,p	3, 52	3,48

In Spring your dinner muſt not much exceed,
In Summers heate but little meate ſhall need:
In Autumne beware you eate not too much fruite,
With Winters cold, full meales do fitteſt ſuite.

1	Kal	11	a
2	3	12	b
3	4	13	c
4	Pri	14	d
5	No	15	e
6	8	16	f
7 2	7	17	g
8	6	18	a
9	5	19	b
10	4	20	c
11	3	21	d
12	Pri	22	e
13	Ide	23	f
14	18	24	g
15	17	25	a
16	16	26	b
17	15	27	c
18	14	28	d
19	13	29	e
20	12	30	f
21	11	Iul	g
22	10	2	a
23	9	3	b
24	8	4	c
25	7	5	d
26	6	6	e
27	5	7	f
28	4	8	g
29	3	9	a
30	Pri	10	b

Iuly hath xxxi. daies.

☾ Laſt quar. the 6 day, at 10 min. after 5 in the morning.
☉ New moone the 13 day, 4 min. after 8 in the morning.
☽ Firſt quarter the 21 day, 22 min. after 9 in the morning
☉ Full moone the 29 day, 45 min. after 6 in the afternoone.
This moneth is like to be faire Harueſt weather.

i	g	Theobaldus	I quar.	16	☌☌☽ 9,a	4,	44	3,49
ii	a	4 ſun. af. Trin.	I quar.	30	△☿☽ 3,p	5,	36	3,50
iii	b	tranſ. of Tho	Piſces	15	☌♄☽ 9,a	6,	28	3,51
iiii	c	Hildzith	Piſces	29	□☿☽ 11,p	7,	20	3,52
v	d	Foe virgin	Aries	13	△☿☽ 8,a	8,	10	3,53
vi	e	Guero, conf.	Aries	27	L. qua. 10,5,a	8,	0	5,54
vii	f	Antitbaldus	Taur.	11	△♄☽ 2,p	9,	50	3,56
viii	g	Depo. Grum	Taur.	25	✶☉☽ 1,p	10,	40	3,58
ix	a	5 ſun. af. Trin.	Gemin.	9	□♄☽ 6,p	11,	32	3,59
x	b	7 Brethren	Gemin.	22	△♃☽ 11,a	12,	24	4, 0
xi	c	tranſ. Benet	Cancer	6	☽is Sauage	1,	16	4, 1
xii	d	Solis Leo	Cancer	19	☌☿☽ 8, a	2,	8	4, 2
xiii	e	Gnaclet prie.	Leo	2	New☽ 4, 6, a	3,	0	4, 3
xiiii	f	Bonauentur	Leo	15	☌☌☿ 9,p	3,	44	4, 5
xv	g	tranſ. Swith	Leo	27	Like to be wet	4,	28	4, 6
xvi	a	6 ſun. af. Trin.	Virgo	9	☌♄☽ 10,p	5,	12	4, 8
xvii	b	Alexius	Virgo	21	☽In Apog	5,	56	4,10
xviii	c	Arnolph biſh	Libra	3	✶☉☽ 4, p	6,	40	4,12
xix	d	Mogbal. beg	Libra	15	☽is Sauage	7,	24	4,14
xx	e	Margaret	Libra	27	☌♃☽ 6,a	8,	12	4,16
xxi	f	Szaredis bir	Scorpio	9	1 Qua. 42, 9 a	9,	0	4,17
xxii	g	Mary Mag.	Scorp.	21	□♃☽ 11,p	9,	48	4,19
xxiii	a	7 ſun. af. Trin.	Sagit.	3	△☿☽ 8, p	10,	34	4,21
xxiiii	b	Chriſti. Fact	Sagit.	16	□♄☽ 8,a	11,	20	4,23
xxv	c	James Zeb	Sagit.	29	△☌☽ 10, A	12,	2	4,25
xxvi	d	An. mo. of M	Capric.	14	△♄☽ 3, p	12,	46	4,26
xxvii	e	Simeon	Capric.	26	□♃☽ 9,a	1,	30	4,28
xxviii	f	Hampſon	Aquar.	11	☌☿☽ 12,p	2,	15	4,30
xxix	g	Martha	Aquari.	25	Full☽ 45, 6 p	3,	0	4,32
xxx	a	8 ſun. aft. Trin	Piſces	10	✶☿☽ 7,p	4,	0	4,33
xxxi	b	Germane	piſces	24	☽In perig.	5,	0	4,34

In great Consumptions learn'd Physitians thinke,
'Tis good on Goats or Camels milke to drinke:
Cowes Milke, and Sheepes do well; but yet an Asses
Is best of all, and all the other passes.

1	Kal		11	c
2	6		12	d
3	5		13	e
4	4		14	f
5	3		15	g
6	Pri		16	a
7	No		17	b
8	8		18	c
9	7		19	d
10	6		20	e
11	5		21	f
12	4		22	g
13	3		23	a
14	Pri		24	b
15	Ide		25	c
16	17		26	d
17	16		27	e
18	15		28	f
19	14		29	g
20	13		30	a
21	12		31	b
22	11		Au	c
23	10		2	d
24	9		3	e
25	8		4	f
26	7		5	g
27	6		6	a
28	5		7	b
29	4		8	c
30	3		9	d
31	Pri		10	e

August hath xxxi. daies.

☾ Last quar. the 4 day, 37 min. after 10 in the morning.
● New Moon the 11 day, 16 min. before 10 at night.
☽ First quar. the 20 day, 42 min. after one in the morning.
○ Full Moone the 27 day, 19 min. after 3 in the morning.
This is like to be a strange month of rains, thunder, & lightnings.

i	c	Lammas day	Aries	9	Mitigation of	6,	0	4,36
ii	d	Stephen mar	Aries	24	heate.	7,	0	4,38
iii	e	Inuen. of ſte	Taur.	8	△☌☽ 6,a	8,	0	4,40
iiii	f	Iuſtine	Taur.	22	L.qu. 37,10,a	9,	0	4,42
v	g	Sanctes com	Gem.	6	□☌☽ 11,a	9,	50	4,44
vi	a	9 ſun. af. Trin	Gemin.	19	□☿☽ 11,a	10,	40	4,47
vii	b	Aphra mart.	Cancer	2	✶☌☽ 7,p	11,	32	4,49
viii	c	Cirtacus	Cancer	15	✶♄☽ 11,a	12,	24	4,51
ix	d	Roman mar	Cancer	28	□♃☽ 8,a	1,	16	4,53
x	e	Lawrence	Leo	11	☽ Sauage	2,	8	4,55
xi	f	R. Alleſtre, 49	Leo	23	Ne☽ 16,10p	3,	0	4,57
xii	g	Sol in Virgo	Virgo	6	☌☌☽ 10, p	3,	44	4,59
xiii	a	10 ſun. af. Tri.	Virgo	18	☌☿♄☽ 11, a	4,	28	5, 0
xiiii	b	Euſebius	Virgo	30	☌☿☽ 1, p	5,	12	5, 2
xv	c	the Lady day	Libra	12		5,	56	5, 4
xvi	d	Roch. con.	Libra	23	☌♃☽ 10 p	6,	40	5, 6
xvii	e	Oto. of Lau	Scorp.	5	☽ Is Sauage	7,	24	5, 8
xviii	f	Agapite	Scorp.	17	✶☌☽ 6,a	8,	12	5,10
xix	g	Debaldus	Scorp.	2[illegible]	1 quar. 4,21,a	9,	0	5,12
xx	a	11 ſun. af. Tri	Sagit.	12	□☌☽ 7, p	9,	48	5,14
xxi	b	Inaſtatius	Sagit.	24	✶♃☽ 8, p	10,	34	5,16
xxii	c	Timotheus	Capzit.	7	□☿☽, 3, p	11,	20	5,18
xxiii	d	Simph. Faſt	Capzit.	21	△♄☽ 7, a	11,	2	5,20
xxiiii	e	Barthol. Ap	Aquar.	4	△☿☽ 11,a	12,	46	5,22
xxv	f	Lewes king	Aquar.	19	☽ Va. cur	1,	30	5,24
xxvi	g	Genuerine	Piſces	3	△♃☽ 5,a	2,	15	5,26
xxvii	a	Dog dat. end	Piſces	18	Full☽ 19,3 a	3,	0	5,28
xxviii	b	Auguſtine	Aries	3	☌♄☽ 12, p	4,	0	5,30
xxix	c	John behead	Aries	18	☌☿☽ 11,a	5,	0	5,32
xxx	d	Felix & And.	Taurus	3	☌♃☽ 8, a	6,	0	5,33
xxxi	e	paulinus	Taur.	18	△♄☽ 8, p	7,	0	5,35

The choice of meats to health doth much quaile,
Firſt Veale is holſome meat, and breeds good blood:
So Capon, Hen, and Chicken, Partridge, Quaile,
The Phesant, Woodcocke, Larke, and Thruſh be good.

1	Ka		11	f	
2	4		12	g	
3	3		13	a	
4	Pri		14	b	
5	No		15	c	
6	8		16	d	
7	7		17	e	
8	6		18	f	
9	5		19	g	
10	4		20	a	
11	3		21	b	
12	Pri		22	c	
13	Ide		23	d	
14	19		24	e	
15	18		25	f	
16	17		26	g	
17	16		27	a	
18	15		28	b	
19	14		29	c	
20	13		30	d	
21	12		31	e	
22	11		Sep	f	
23	10		2	g	
24	9		3	a	
25	8		4	b	
26	7		5	c	
27	6		6	d	
28	5		7	e	
29	4		8	f	
30	3		9	g	
31	Pri		10	a	

September hath xxx. daies.

☾ Last quar. the 2 day, 14 min. after 6 in the afternoone.
● New moone the 10 day, 12 min. af. one in the afternoone.
☽ First quar. the 18 day, 5 min. after 4 in the afternoone.
○ Full moone the 25 day, iust at high noone. In the first 16 dayes of September, is like to be much Raine, haile, & thunder.

i	f	Giles abbot.	Gemini	2	☽ Is Sauage	1, 0	5,37
ii	g	Anthony	Gemini	16	L. qua. 14,6 p	9, 0	5,39
iii	A	13 sun. af. Tri	Gemin.	29	△♃☽ 2,p	9, 48	5,41
iiii	b	transl. of Cut	Cancer	12	□♀☽ 10, p	10,34	5,43
v	c	Eugenius	Cancer	25	✶♂☽ 11, a	11,20	5,45
vi	d	Nat. Reg. Eliz.	Leo	8	☽ is Sauage	12, 2	5,47
vii	e	Nat of Marie	Leo	20	✶☿☽ 11,a	12,46	5,50
viii	f	Bertine	Virgo	2	✶♃☽ 9,p	1, 30	5,52
ix	g	Gorgonius	Virgo	14	☌♄☽ 12,p	2, 15	5,54
x	A	14 sun. af. Tri	Virgo	26	New ☽ 42. 1 p	3, 0	5,56
xi	b	Mauritius	Libra	8	☽ Apog.	3, 44	5,58
xii	c	Sol in Libra	Libra	20	☌☿☽ 6,p	4, 28	6, 0
xiii	d	Imantius	Scorpio	2	☌♃☽ 3,p	5, 12	6, 2
xiiii	e	Exalta. cru.	Scorp.	14	Like to raine.	5, 56	6, 4
xv	f	Nicomedis	Scorp.	26	✶♄☽ 4,A	6, 40	6, 6
xvi	g	Edith virgin	Sagit.	8	✶☉☽ 3,a	7, 24	6, 8
xvii	A	15 sun. af. Tri.	Sagit.	20	□♄☽ 3,p	8, 12	6,10
xviii	b	Victor & Cor	Capric.	2	1. quart. 5,4,p	9, 0	6,13
xix	c	Januar. mar	Capric.	16	✶☿☽ 7,a	9, 50	6,15
xx	d	Fast	Capric.	29	□♃☽ 9,p	10,40	6,17
xxi	e	Matheus Ap	Aquari.	13	□☿☽ 4, p	11,32	6,19
xxii	f	Mauritius	Aquari.	27	☽ Vac. cur	12,24	6,21
xxiii	g	Tecla virgin	Pisces	11	△☿☽ 10, p	1, 16	6,23
xxiiii	A	16 sun. af. Tri	Pisces	27	☌♄☽ 5,a	2, 8	6,25
xxv	b	Firminius	Aries	12	Full ☽ at noon	3, 0	6,28
xxvi	c	Cyprian	Aries	27	☽ Vac. cur.	3, 52	6,30
xxvii	d	Cosme & Da	Taur.	12	☌♃☽ 3,a	4, 44	6,32
xxviii	e	Eraperius	Taur.	27	☌☿☽ 7,a	5, 36	6,34
xxix	f	Mich. Arch.	Gem.	12	△☌☉☿☽ 6	6, 28	6,36
xxx	g	Hierome	Gem.	26	□♄☽ 9,a	7, 20	6,38

September the Moone hath 29. dayes.

Milke is for Agues and for head-Ach nought,
Yet if from Agues fit you feele you free:
Sweet Butter wholsome is, as some haue thought,
To clense and purge some paines that inward bee.

1	Kal		11	b
2	4	in these 15. dayes ~~[illegible]~~ it	12	c
3	3	~~[illegible]~~ rayned but	13	D
4	Pri	one day.	14	e
5	No		15	f
6	8		16	g
7	7		17	a
8	6		18	b
9	5		19	c
10	4		20	D
11	3		21	e
12	Pri		22	f
13	Ide		23	g
14	18		24	a
15	17		25	b
16	16		26	c
17	15		27	D
18	14		28	e
19	13		29	f
20	12		30	g
21	11		Oc	a
22	10		2	b
23	9		3	c
24	8		4	D
25	7		5	e
26	6		6	f
27	5		7	g
28	4		8	a
29	3		9	c
30	Pri		10	c

October hath xxxi. daies.

(Laſt quar. the 2 day, 39 min: in the morning. Thunder
● New moone the 10 day, 37 m. after 7 morn. Faire weather
) Firſt quar. the 18 day, at fiue at noone. Faire weather
● Full moone the 24 day, 10 m: after 9 at night, Great winds
(Laſt qu: the 31 day, 36 min. after 8 at night. Like to be faire

i	♐	17 ſun. af. Tri	Cancer	9	□☌) 7,p	8,	19	6,40
ii	b	Leodegarius	Cancer	22	L.qua.33,5,p	9,	0	6,42
iii	c	Maximinian	Leo	5	□♃) 4,p	9,	48	6,44
iiii	d	Franciſcon	Leo	17	✶☉) 7,p	10,	34	6,46
v	e	Apolinaris	Leo	29	□☿) 5,p	11,	20	6,48
vi	f	Octab. Mich.	Virgo	11	✶♃) 3,a	12,	2	6,50
vii	g	Sergius m:	Virgo	23	Dark weather	12,	48	6,52
viii	♐	18 ſun. af. Tri	Libra	5	✶☿) 11,a	1,	30	6,54
ix	b	Terme begin	Libra	17	☌☌) 1,p	2,	50	6,57
x	c	Geveon	Libra	29	New) 17,7p	3,	0	6,59
xi	d	Michaelus	Scorp.	11	☌♃) 8,a	3,	48	7, 1
xii	e	wilfrid birg	Scorp.	23	✶♄) 5,p	4,	28	7, 3
xiii	f	Solin Scorpio	Sagit.	5	)vac.cur.	5,	12	7, 5
xiiii	g	Quind. Mich.	Sagit.	17	☌☿) 4, a	5,	56	7, 7
xv	♐	19 ſun. af. Tri	Sagit.	30	☌♄) 4,a	6,	40	7, 9
xvi	b	Galli Abbot	Capric.	12	✶♃) 9,a	7,	24	7,11
xvii	c	Etheldred	Capric.	25	□☽) 9,a	8,	12	7,13
xviii	d	Luke Euan.	Aquar.	8	1 Quar.0,5,p	9,	0	7,15
xix	e	Frideſwide.	Aquar.	22	△☌) 5,p	10,	0	7,17
xx	f	Tres Michael.	Piſces	7	△♃) 3,p	11,	0	7,20
xxi	g	Urſula birg	Piſces	20	Like to Raine	12,	0	7,24
xxii	♐	20 ſun. af. Tri	Aries	5	✶☿ and ☿	1,	0	7,26
xxiii	b	Hewerine B	Aries	20	△☿) 6,p	2,	0	7,28
xxiiii	c	Wodegun M.	Taurus	5	Fvl),10,9,a	3,	0	7,30
xxv	d	Criſp. & Criſ	Taur.	20	△♄) 9,p	3,	52	7,,32
xxvi	e	Euaniſti	Gemini	5	Like to Rayne	4,	44	7,34
xxvii	f	Menſe M. laſt	Gemin.	20	)va curſ.	5,	36	7,35
xxviii	g	Simo. & Jude	Cancer	4	△☌) 7,a	6,	28	7,37
xxix	♐	21 ſun. af. Tri	Cancer	18	△☉) 9, a	7,	20	7,38
xxx	b	Germanus	Leo	1	□♃☿) 6,p	8,	10	7,39
xxxi	c	Quint. Faſt	Leo	14	L.qua.36,8,p	9,	0	7,41

Cheese is an heauy meat, grosse, and cold,
And breedeth costiuenesse both new and old:
For healthy men, may Cheese be wholsome food,
But for the weake and sickly, 'tis not good.

1	Kal		11	D	e
2	6		12	e	f
3	5		13	f	g
4	4		14	g	a
5	3		15	a	b
6	Pri		16	b	c
7	No		17	c	d
8	8		18	d	e
9	7		19	e	f
10	6		20	f	g
11	5		21	g	a
12	4		22	a	b
13	3		23	b	c
14	Pri		24	c	d
15	de		25	d	e
16	17		26	e	f
17	16		27	f	g
18	15		28	g	a
19	14		29	a	b
20	13		30	b	c
21	12		31	c	d
22	11		No	d	e
23	10		2	e	f
24	9		3	f	g
25	8		4	g	a
26	7		5	a	b
27	6		6	b	c
28	5		7	c	d
29	4		8	d	e
30	3		9	e	f
31	Pri		10	f	g

Nouember hath xxx. daies.

● New moone the 9 day, 20 min. after one in the morning.
☽ First quarter the 16 day, at 4 a clocke at night. Faire
○ Full moone the 23 day, 36 min. after 7 in the morning.
☾ Last quarter the 30 day, 44 min. after three at euen.

i	d	All-Saints	Leo	26	☽Vac.cursu	9, 45	7,43
ii	e	Omnium Ani.	Virgo	8	△♀☽ 7,a	10,28	7,44
iii	f	Crast.Anim.	Virgo	20	✶♃☽ 10,p	11,11	7,46
iiii	g	Amantius	Libra	2	Frost or Snow	12, 0	7,48
v	A	Papistæ con.	Libra	14	☽Is sauage	12,30	7,50
vi	b	Leonard con	Libra	26	Windy	1, 0	7,51
vii	c	Florentius	Scorpio	8	☌♂☽ 80,a	1, 40	7,52
viii	d	Seueri	Scorp.	20	☌♀☽ 6, a	2, 20	7,54
ix	e	Theodore m	Sagit.	2	Ne ☽,20,1,a	3, 0	7,55
x	f	Day bef. M	Sagit.	14	☽Sauage	3, 52	7,57
xi	g	Sol in Sagitar	Sagit.	27	Like to Snow	4, 44	7,58
xii	A	Crasti Mart.	Capric.	9	✶♂☽ 4,p	5, 36	8, 0
xiii	b	Brixius	Capric.	22	Great windes	6, 28	8, 1
xiiii	c	Friderius	Aquar.	5	✶☉☽ 7,a	7, 20	8, 2
xv	d	Macure	Aquar.	18	□♃☽ 10, a	8, 10	8, 4
xvi	e	Edmond dep	Pisces	2	1 Quar. 0, 4,p	9, 0	8, 6
xvii	f	Hugonius	Pisces	16	△♃☽ 2,p	9, 50	8, 7
xviii	g	Octab. Marti.	Pisces	30	Like to freeze.	10,40	8, 8
xix	A	24 sun. af. Tri.	Aries	14	△☉☽ 1, A	11,32	8, 9
xx	b	Edmund kin	Aries	29	□♀☽ 5,a	12,24	8,10
xxi	c	Presenta m.	Taur.	14	☍♃☽ 6, p	1, 16	8,11
xxii	d	Cicely virg.	Taur.	29	△♄☽ 11,A	2, 8	8,12
xxiii	e	Clement	Gemini	14	Thunder & li.	3, 0	8,13
xxiiii	f	Crisogoni	Gemin.	28	Frost or Snow	3, 52	8,14
xxv	g	Quind. Marti	Cancer	12	☽Sauage	4, 44	8,15
xxvi	A	25 sun. af. Tri.	Cancer	26	△♃♂☽ 3, A	5, 36	8,16
xxvii	b	Linus bish.	Leo	9	☍♀☽ 2,a	6, 28	8,17
xxviii	c	Terme endg	Leo	22	□♃☽ 8,a	7, 20	8,17
xxix	d	Fast	Virgo	5	☽Vac. cur.	8, 10	8,18
xxx	e	[illegible]	Virgo	17	L.qua. 44,3,p	9, 3	8,19

Against the Collicke, take Nettle-seed and Hony,
Is Physicke, better none is had for mony:
It breedeth sleepe, stayes vomits, Flegmes doth soften,
It helpes him of the Gout, that eates it often.

1	Kal	11	g
2	4	12	a
3	3	13	b
4	Pri	14	c
5	No	15	d
6	8	16	e
7	7	17	f
8	6	18	g
9	5	19	a
10	4	20	b
11	3	21	c
12	Pri	22	d
13	Ide	23	e
14	18	24	f
15	17	25	g
16	16	26	a
17	15	27	b
18	14	28	c
19	13	29	d
20	12	30	e
21	11	Da	f
22	10	2	g
23	9	3	a
24	8	4	b
25	7	5	c
26	6	6	d
27	5	7	e
28	4	8	f
29	3	9	g
30	Pri	10	a

December hath xxxi. daies.

● New ☾ the 8 day, 50 min. after 6 at night, Hard weath.
☽ First quar. the 16 day. 17 min. after 1 in the morn, Frost
● Full Mone the 22 day, 8 min. after 8 at night, Frost
☾ Laſt quart. the 30 day. 17 min. paſt 1 afternoo: Great ſnow

i	f	Eligius	Virgo	29	Like to freeze	9, 48	8,19
ii	g	Candidus	Libra	10	☌☿☽ 6, a	10,34	8,20
iii	a	Aduent ſund.	Libra	22	✶☉☽ 11, a	11,20	8,20
iiii	b	Barbara bir	Scorpio	4	□☿☽ 12, p	12, 2	8,20
v	c	Sabina mar	Scorp.	16	☌♃☽ 8, p	12,46	8,21
vi	d	Nicholas B	Scorp.	28	☍☌☽ 8, a	1, 30	8,21
vii	e	Ambroſius	Sagit.	11	✶☌☽ 5, p	2, 19	8,21
viii	f	Conc. of Ma	Sagit.	23	New ☽ 50, 6 p	3, 0	8,22
ix	g	Cyprian ab.	Capric.	6	□♄☽ 12, p	3, 44	8,22
x	a	2 ſun. in Adu.	Capric.	19	Cold ayre	4, 28	8,22
xi	b	Sol in Capric.	Aquar.	2	△♄☽ 8, a	5, 12	8,22
xii	c	Epimachi	Aquar.	15	☌☿☽ 7, p	5, 56	8,22
xiii	d	Lucie virgin	Aquar.	29	□☌☽ 2, p	6, 40	8,22
xiiii	e	Othlie Virg	Piſces	3		7, 24	8,22
xv	f	O Sapientia	Piſces	26	△♃☽ 6, a	8, 12	8,21
xvi	g	Lazarus biſ.	Aries	10	☌ Qua 17, 1, a	9, 0	8,21
xvii	a	3 ſun. in Adu.	Aries	25	✶☿☽ 8, a	9, 50	8,21
xviii	b	Gratian biſh	Taurus	9	△☉☽ 8, a	10,40	8,20
xix	c	Veneſt biſh.	Taur.	23	□☿☽ 1, p	11,32	8,20
xx	d	Julius. Faſt	Gemini	8	☌☌☽ 9, a	12,24	8,20
xxi	e	Tho: Apoſt	Gemin.	22	△☿☽ 7, p	1, 16	8,19
xxii	f	30 Martyrs	Cancer	6	△♄☿ 1, p	2, 8	8,19
xxiii	g	Victor. Faſt	Cancer	20	Full ☽ 8, 8, p	3, 0	8,18
xxiiii	a	4 ſun. in Adu.	Leo	4	✶♄☽ 5, a	3, 52	8,17
xxv	b	Chriſtmas d	Leo	17	△☌☽ 1, a	4, 44	8,17
xxvi	c	S. Stephen	Leo	30	□♃☽ 4, a	5, 36	8,16
xxvii	d	John Euan.	Virgo	12	□☌☽ 1, p	6, 28	8,15
xxviii	e	Innocents	Virgo	25	✶♃☽ 2, p	7, 20	8,14
xxix	f	Tho. Becket	Libra	7	Like to freeze.	8, 10	8,14
xxx	g	tran. of Jam	Libra	18	L. qua. 7, 1, p	9, 0	8,12
xxxi	a	1 ſun. aft. Nat.	Libra	30	△☿☽ 7, p	9, 48	8,10

Ripe Cherries breeds good blood, and helps the ſtone,
If Cherry you do eate, and Cherry-ſtone:
To cloſe your ſtomacke well this order ſuits,
Cheeſe after fleſh; Nuts after Fiſh or Fruits.

1	Kal		11	b	
2	6		12	c	
3	5		13	d	
4	4		14	e	
5	3		15	f	
6	Pri		16	g	
7	No		17	a	
8	8		18	b	
9	7		19	c	
10	6		20	d	
11	5		21	e	
12	4		22	f	
13	3		23	g	
14	Pri		24	a	
15	Ide		25	b	
16	17		26	c	
17	16		27	d	
18	15		28	e	
19	14		29	f	
20	13		30	g	
21	12		31	a	
22	11		Ia.	b	
23	10		2	c	
24	9		3	d	
25	8		4	e	
26	7		5	f	
27	6		6	g	
28	5		7	a	
29	4		8	b	
30	3		9	c	
31	Pri		10	d	

A Tide-Table, whereby is easily found the time of full Sea, at the cheefest Ports, in and adioyning to this Kingdome.

For these places adde houres and minutes.

Barwick, S. Mat. Font. Ostend, Blackenb.	0,45
Frith, Lieth, Dunbar, Mossh. Egmo, Nar. Silly.	1,30
Falmo. Garnsey, Ibasto. S. Malo, Tinby, Lizard.	2, 25
Foy, Waterford, Yoghal Corke, Kinsale.	2,25
Lin, Humber, Weymouth, Dartm. Lime, Sale.	3. 0
Montbray, Antwerp, Hanbor. Bristoll, Lamion, Fulnes.	3,0
Milford. Bridgewa. Exwater, North-coast of Engl.	4,30
Portla. Peterport, Harflew, Hag. Blanchey.	5,15
Orkney Poole, S. Ellens at the Flee, Emden.	6, 0
Deepe. Needles, Casket Lux, Lenoy.	6,45
Bullen, Douer, Harwi. Yarmouth, Liest. Wight.	7,30
Orfordnes Northforland.	7,30
Cassice, Calshort, Rye Winchesley, Gore-cue.	5,14
Lands-end, Southampton, Quinborow, Portsmouth.	9, 0
Willins, Flanders, Spits, the Sluce, along the Swine.	9,0

But contrariwise, for these substract Hou. and Min.

Redban, Aberdin, the west end of the Nore.	2,13
Graues-end, Dowues, Tenes, Rumney, Ramkins.	2,30
Dundee, S. Andrewes, Lisbon, S. Lucas.	0,45
Timmo, Harlepo: Cadiz, Gascoigne, Brittaine.	0, 0
Biskey, Galizia, Portugall.	0, 0

The vse of this olde Table.

Doe but obserue in the last Columne, but on the left page of this my Almanacke, the houres and minutes of full Sea at London-Bridge, ouer-against each seuerall day of the Moneth, too, or from which time there noted, adde or substract such houres and minutes as this Table aboue doth appoint, and the totall of the one, & the remainder of the other, shall be the time of Full sea at any of these places abouesaid. Now the preuenting or prolonging of time, that by the Windes, Land-floods, or Moones Latitude, may be caused, (which no man can helpe) which may be an houre, or sometimes more or lesse Error, according to their place.

Allestree. 1626.

A PROGNOSTICATION FOR THIS PRESENT YEARE OF GRACE, 1626.

A subiect, well meriting the probation of the Iudicious, who best know *how to confirme their knowledge: containing a declaration of all the Eclipses* this Yeare: A Cronography of the foure Quarters, Astronomicall Calculations; also *notes both Physicall and Ciuill. Also a lively* painting forth in briefe, of the beginning of the World, the Nature of the foure Elements, of Vapours, Frosts, Haile, Snow, Mists, *Raine and Winds.*

Very necessary for all sorts of men, and seruing truely all the whole Kingdome of Great *Brittaine.*

By *Richard Allestree.*

Residens super æthere, cuncta Rex Deus gubernat.

Imprinted at London, for the Company of Stationers. 1626.

The Author his Apology to the *Courteous Reader.*

GEntle and curteous Reader, I haue often written in my Bookes aforetime against superstitious and heathenish Diuination. I ment the diuers different kinds, namely *Auguration, Aruspice, Negromantici, Chaldæi, Arioli.* And that the Astrologers, English Prognosticators cannot tell, and tell truly at all times, faire or foule weather, plagues, famine, warres, dearth, or sickneſſe to come; and that it was vnlawfull to do theſe things, I proued vnto you; and this point I hold ſtill. But I hold that there is diuers wayes of Diuination or foretelling of a thing before it commeth to paſſe, which may (as I take it,) be diuided into 3 different kinds, namely, ſupernaturall, naturall, and ſuperſtitious diuination. Supernaturall is onely reuealed to man by God, this is not properly diuination but prophecy: Superſtitious I haue ſpoken on before in my other books. Naturall diuination may be diuided into 2 parts or branches, the firſt is practiſed by wicked ſpirits in Oracles and anſwers in Idols, and in poſſeſſed perſons by the ſuggeſtion of the diuell. The ſecond branch of natural Diuination, is that which a wiſe man may foretel by probable coniecture, *Sapientes futura præuident. Quoniam actio naturalis eſt ſecundum neceſſitatem formæ: quoniam ex ſimilibus cauſis ſimiles producuntur effectus.* A Phyſ ſophicall obſeruation of the voluntary cauſe, is nature of naturall effects, the naturall efficients, are the Elements, ſtarres, and Meteores, which haue their effects: now the effect cannot be without his matter, for matter is that cauſe whereof a thing is: ſo vapours, and exhalations are the matter of clouds, and other meteores ſo matter and forme conſtitute the effect, being the eſſentiall parts thereof: When as a thing is ſaid to be a matter, as clouds are the matter of raine: then it followeth, clouds are not thickned in the skie, therfore it wil not rain, the Sun, moon & other ſtars do not work of things belowe on earth, without chaage from place to place, the planets and the parts of Heauen worke by motion, operation, and action: The Heauens cauſe the earth to fructifie, and the clouds drops fatnes. *He maketh alſo the Clouds to labour, to wa-*

ter the earth, and scattereth the clouds of his light. And it is turned about by his gouernment, that they may do whatsoeuer God commandeth them vpon the whole world.

Secondly, they effect their influences vpon mankind, by a Preternaturall cause; that is, a preternaturall cause, which causeth, or effecteth any thing (*per accidens*) besides intendment of naturall agencie. Example, the Sunne hardneth clay, intending to melt it; and dissolue it, but it hardneth the clay, which was no intent of the Sunne.

The fire prepareth meate for our stomackes, but by accident for the naturall intendment thereof is nothing but to burne or consume it. Anger and choler, melancholy, and other qualities is giuen of God by the Heauens vnto mankind, some of which qualities, serueth for a prick to prouoke and stir vp fortitude and generositie, but contrary to their intendment (for want of Grace) they cause stabbing, fighting, and killing by accident: the forme of fire, the Sunne and *Mars* in firy signes, doth by heat worke on things without themselues by transmutation. *Forma non agit extrâ nisi transmutando*; and the forme acteth or worketh by the qualities, when the effect is produced by transmutation or changing, and thus the Heauens and the Planets together are efficients, procreant causes by their motion & operatiue, to bring forth or to hinder (by consequent) the fruits of the earth; and the manners of mankinde, and this is the second branch called Astrology, *ex ἄστρον & λογος*, that is, *de ratione astrorum*, of the reason of the Starres and their Celestiall effects, which art so long as it is onely guided by reason, and both Artifex, and Art submitting themselues to the Almighty power of God, it is lawfull, for God is *natura naturans*, the God of nature: And he is *Ens Entium*, and *Causa Causarum*, as the Phylosophers say; by which causes heere layd downe with many more I could, I haue beene more bold to write more some yeeres of the Diuining part of Astrology then I haue done in time past, but to conclude,

I marry Sir, I count it not a misse,
Sir enui'us Critike, to ruminate on this,
More thing: if 'tpleas'd me, doth beate my braine,
Could I reueale, but that's a fruitlesse paine:
Thinke Momus, speake, do what you will, you are free,
Your deeds, your words, your thoughts, are nought to mee.

Your assured friend,

RI. ALLESTREE.

Euph-

Euphemiſmus, *or* boni ominis captatio. *Alſo Aſtronomicall calculations for this preſent yeere* 1626.

A declaration of all the Eccliplſes within this yeare of Grace, 1626.

There will hee this yeare in ſuperficie terræ, or vpon the outermoſt part of the earth, 3. Eclipſes of the Sunne and of the Moone; 2. of the Sunne, and one of the Moone. But they will not be ſeene in our Horizon, nor in our Hemiſpere of England, thankes be to GOD. The firſt of the Sunne is on the 15. day of February, and offereth it ſelfe to the Inhabitants of the Eaſt, and the Meridian of Madagaſcar, in the greateſt Ile of Affrica, which is named Saint Laurence: The latter of the Sunne is vppon the 11. day of Auguſt, towards the Weſt Ocean, about the North Sea of mexico. The Eclipſe of the Moone will bee obſerued (although it be a very little one) at Francford Viadrum, vppon the 28. of Iuly before the Sunne doe ſet here in England; but the ſeauenth of Auguſt according to the Romain account, after Sunne ſet one houre and more.

The true or apparant greatneſſe of the Tropical yeere, is 365. dayes, 5. houres, 55. ſcrup. 36. ſecounds.

The true proceſſion of the Æquinoctiall, is 28. deg. 20. min. 2. ſec. 12. thirds. 14. fourths.

Saturne is retrograde from the beginning of this yeere vnto the 22. of May, all the reſt of the yeere he is direct.

Iupiter is retrograde from the 6. of February, vnto the 9. of Iune, all the reſt of the yeere he is direct.

Mars and Venus are both direct all this yeere.

Mercury is retrograde from the 25. day of Ianuary vnto the 17. of February, and from the 22. of May vnto the 14 of Iune, and from the 14. of September, vnto the 6. of October. All the reſt of the yeere he is direct.

note that Easter day will fal vpon our Lady day, or the 25. day of March the next yeare: Also it doth the like Anno, 1649. 21. yeares after that againe. Vnder the Equinoctiall one degree in latitude doth answer 60. mile vpon earth. And in our Latitude where the Pole is rayled almost 53. degrees, one degree of Latitude in the Heauen answeres 36. miles in Longitude vpon earth.

The difference of the length of the day in seuerall places.

The longest day at ward-house where our venturers go into Moscouia doe touch in their voyage, the longest day in the yeare is 37 of our dayes long, that is, from the 6. day of May to the 13. of July. The length of the day with them that dwell vnder the North pole, is in length halfe of one yeare together without any night: the other halfe of their yeare, is all night together without any day betweene.

At { London, Derby, Yorke } the longest day in the yeere is { 16. houres, and 30 min. 16. houres and 40. min. 16. houres, and 58. min.

A Cronography of the foure quarters of this yeare. 1626.

1. The Winter Quarter doth beginne the 22. day of December 1625. And is very like to be like it selfe, (that is, naturally cold and moyst) therefore prouide good fires; also drinke good Wine moderately without allay.

2. Aequinoctium vernum, or the Spring Quarter, according to Astronomy beginneth the eleuenth day of March, and endeth the 11. of June, and is signified to be a cold, windy and wet Spring: Specially March, and April, in May great Frosts.

3. Solstitium Æstiuum, or the Summer Quarter, beginneth Astronomically the 11. of June, and endeth the 12. day of September, 20. houres after noone. The weather is signified to be much watery or wet in haruest: much paine in the guts and belly, sharpe Feuers, and strange infirmities, specially with Women, in this Quarter; also a windy and warme latter end of Haruest, great vnioundnesse both of the Fruites of the earth, and of the Trees, with plenty of Butter and Wine, and much drunkennesse this yeare.

4. The Autumnall Aequinoctiall, or Autumne Quarter, beginneth the 12. of September, 20. houres after noone, and

and endeth the twenty one day of December. The weather is signified about the 21. 22, 23, or 24. day of November, to be very rainy and windy; and in this Quarter to be lightning, thunder, flashings, shakings, and tremblings in the Heavens. In two of the last weekes of October it is like to be most vehement, suddaine and fierce Windes, with fruitfull showers and some heate. In September is like to bee cold and darke weather, rayne and thunder.

Qui sapit, ille animum fortunæ præparat omni,
Præsumque potest arte leuare malum.

Of the foure humors, and certaine Physicall Obseruations.

THe World consisteth either of things inuisible, as of Spirits, or visible, as the Heauens, the Elements, and the bodies composed of Elements, and the 4. humours, which if they exceed or alter that proportion in mans body) that God created them at the beginning, either in quality, or quantity, then shortly commeth diseases and sicknesses. You haue knowne in part in my Almanackes before written, my mind for Phlebotomy and purging, with the rules of Astrology, therefore I will say little of it now, wee neede not alwayes write one and the same thing.

Hyppocrates definition of Physicke mee thinkes is a very good one, he sayth, it is a putting to, and a taking away of such things as are wanting, or abounding in mans body: The former heereof standeth in dieting of the body, the other in disburdening the same of corrupt and superfluous humors, which is best effected by blood-letting and purging: but first prepare, and then purge. Augeæ stabulum purgare, you must make the body cleane before you can hope to do any good. Concerning the maladies and euill dispositions of the body, Hippocrates and Galen, nay, infinite other skilfull in Physicke, are not able to describe them exactly, much lesse prescribe certaine remedies: neither doe I purpose, nor professe the same, neyther is it necessary for this subiect. But consider this, that no man, saith diuine Plato can be hurt, but by himselfe. And forasmuch as the chiefest and most difficult point of Physicke (by the opinion of Galen and others excelling in that Arte) is to decerne the nature and property of euery disease and sickenesse, and there-

by to manifeſt the cauſes thereof: Nam ſublata cauſa, tol litur effectus, Take away the efficient cauſe, and the effect will ceaſe. Unto the knowledge whereof, Judiciall Aſtronomy is moſt neceſſary and moſt anatleable, tryelling very certainely and particularly the ſtate of the body, nature of the infirmity, and conſequently the cauſe of the ſame, better then the Patients vrine, for, Vrina eſt Meretrix. Remember the true Proverbe, Sciencia non habet inimicum niſi ignorantiam.

Times, or generall rules of Husbandry, and *Gardening*, *ſuperſtitiouſly attributed to* the Moone in the 12. Signes of *the Zodiaque.*

Salomon ſayth, He that obſerueth the winde, ſhall not ſow, and he that regardeth the clouds, ſhall not reape,

BUt Aſtrologers ſay, before you plant or graft, &c. conſider the winde, for if it be in the North or Eaſt, it is perilous. And I ſay that for the planting, ſowing, ſetting, feeding, and preſerving of ſundry things, places, and times of different nature, and quality are to be choſen: Non omnis fert omnia tellus, The premiſſes conſidered, plant, and graft, the Moon increaſing, in ♉ ♍ ♑ Creſcens enim luna humorem auget & corpora implet, Decreſcens minuit & exhaurit.

Good to lib or geld Cattell, the moone increaſing, in Ariete, Sagitarie, or Capricorne.

Good to ſow or ſet all kinde of corne and ſeedes the Moone being extra impedimentum: in ♈, ♎, ♏, ♒ or ♓: If you ſow in moyſt ground, or the nature of your ſeedes bee moyſt, the time is apteſt after the full Moone; if it bee dry, it is better in the increaſe: But the ſeeds whoſe rootes be round, muſt be ſowne, as Onions, Cabbages, or Turneps, &c three or foure dayes before or after the full. Gather Apples and other fruits, herbes, and flowers, to haue them in moſt beauty, and greateſt vertue, the moone at the full. Sow or ſet Garlicke, Lettice, Parſnips, Carrets, Peaſe and Beanes, two or three dayes before or after the full moone. Sow ſeeds or herbes for ſtore,

in

in the increase, from February, vnto June. Good to fell Timber for building, in the wane of the moone, for the auoyding of wormes, from midsummer vntill January. Good to plash headges, fell wood to burne, that the stocke may the better growe againe, the Moone increasing in ♈, or ♎. Cut Vines in February or March, the Moone in ♈, ♉, or ♎. Remoue trees in the same signes, all the last quarter, in November, September, or February. Dung your land that the weedes may not abound, in the last quarter. Sheare sheepe, cut downe your hay, and cut your hayer to grow the sooner, in the increase Kill fat Swine neere the full Moone, for the fat, the better to endure the boyling.

Good for ablactions or weaning of children about the full, or the moone Vac. cur. for them to forget the pap or Nurse. Good to destroy corines, haire, wennes, warts, and to pare the nailes: cut them in the last quarter of the moone, and she in coniunction quartile or opposition with Saturne or Mars noted in my Almanacke thus: ☌♄D. ☍♄D. □♂D. ☌♂D. □♄D. ☍♂D. For my part, I attribute nothing to the time, but al honor and true worship to God that made the time: whose glory and power is to bee extolled aboue all Heathen gods.

Hypotiposis, or the liuely Painting forth of the foure Elements in generall; as Fire, Ayre, Water and Earth: Of the Heauens, Clouds, Vapors, Frost, Hayle, Snow, Mists, Raine and Winde: Here followeth euery Definition, Proper, Briefe and Plaine.

AS God the Father of this great Vniuerse doth publish his glory by the motions of the Heauens, and the marueilous courses of the lights (as the Starres and Meteours) in them; so doth he likewise in the Ayre after many sorts as is obserued; and as wee haue good proofes in that which is presented vnto vs, for matter of Philosophy, the Hand mayd of Diuinity. And the Kingly Prophet sayth, That the Heauens declare, (or report) the glory of God; and the Firmament sheweth his handy Workes. For the Hebrew Word, which we call Firmament, doth properly signifie (spreading abroad) and comprehendeth both the Heauens and the Ayre: The Heauens and the Earth, that is, the world and all things that are therein, things visible and inuisible.

ible. The Hebrew articles Eth and Ha, seeme also to implie so much: eth, having the first and last letter of the Hebrew Alphabet, and so being of generall comprehention; and Ha, of plaine demonstration. All whatsoever Almighty God hath created in this his World, may be divided into three parts. First, some Creatures are compounded of matter and forme, and are generated and corrupted continually, as the bodies of men, Beasts, Plants, and Mineralls. Secondly, other some are compounded of matter and forme, but are not changed from body to body, and from forme to forme, like the former; and they are Heauenly Spheares and Stars in them, and their matter is not like other matter, nor their forme like other formes. Thirdly, some other Creatures haue forme without matter, they are Angels and soules of mankind: for Angels and Spirits haue no bodies nor Corporall substance; but formes disparted one from another. Physica est doctrina de mundo. Causes and parts of the World are to be considered. The efficient causes of the world are God, and Tohu, that is Materia prima matter. Parts of the World are hoc seculum; and seculum futurum. Hoc seculum est vel μακρόκοσμος, vel μικρόκοσμος. For Moses sayth, In the beginning, that is, Ante omnia illa Dei opera, God created, that is, produxit è nihilo: Heauen and earth, that is, the Matter of Heauen and earth, Ad reliquorum operum vsum. Huc accedit, that the matter it selfe, but principally the earth was so wast out, and named of Moses, Tohu and Bohu. Beginning is an inward particular part Constitutivum vel transmutativum. Beginning Constitutivum is as well the first matter as forme. The first matter is the first subiect of all Compositions. Forme is the other Constitutivum, the essence, name and definition of the thing composed. the same forme truly doth not abide or stand still by it selfe, but doth bring or yeelde forth, and bringeth as it were the image or likenes of the matter, and performeth the demonstration of the thing that is giuen to it. Three things are spoken off, of this Forme, the Agent, the Action, and whatsoever is affected of them. Formed light was Elementall fire and Cœlum lucidum.

There are Elements in number foure. Fire, Aire, Water and Earth. Some light is substantiall, others accidentall. A naturall body is an vniuersall substance, alwaies one vp operly in Words, Matter, and Forme. A simple body is eyther Heauen, or an Element. Heauen is a simple body, first in order, place and efficacy: mediately giuing strength

strength and vertue vnto all inferiours. The entire or whole parts of Heauen are Orbes (for the Orbes are reales,) and Starres. An Orbe is a certaine spherical order of Heauen; and it is either belonging to the Heauen or the Ayre, that which belongeth to the celestiall Firmament, is that which serueth to the motion of the Starres. And an Orbe is either without Starres, or set with Starres: an Orbe voyde of Starres, is either Primum mobille, or the ninth Spheare. An Orbe stellefied, is either of fixed Starres, or Planets. The next Element vnto the Orbe of the Moone, is the fiery Element. An Element is either superiour or inferiour: Superiour is either fire or Ayre.

Fire is the most hotest and lightest Element. The quality of fire is a chiefe spectall calidity and a remisse drinesse: Situs ignis est sub sphærâ Lunæ.

The second Element is Ayre: the essence of the Ayre is gathered from its definition: Ayre is a subtill Element, moyst and heauier then Fire, lighter then water and earth, a cause of breathing and sounds, voyde of colour from nature, hauing three senses, that is to say: of perceiuing, hearing and of administring smelling: In Scripture it is called Cœlum; and ayre is of all the Elements humidissimus.

Thirdly, Water is the next inferiour Element, cold and moyst. In water is to be considered, first, the quality, the property of Water is more cold, then moyst: secondly, the Figure, the which is round, for water configurated to the earth, doth shew with the same an Globe.

Fourthly the Earth, the earth resteth as of it selfe: It is the lowest Element, cold and dry, and barren: Of it is to be considered. 1. The quality, that is to say, cold in a remisse degree, and dry stretched out in degree. 2. Figure, which is round. 3. Situation, the earth is placed in the middle of the World: the earth is not the Foundation of Heauen but the Center of Heauen All these Elements the Philosophers say are necessarily employed in the generation and corruption of all compound Creatures, vnder the which part they comprise all diuers and innumerable species of all bodies, both perfect and imperfect, materially engendred by the naturall commixture and power of the said Elements.

But now to come to the Meteors, the Meteors are either Fiery, Ayry or Watry. Fiery or burning Meteors are made of fat, smoake or sulphur: Like as of the which,

there

there be three degrees. For hot is eyther in a remisse degree, and hath place in the lowest Region of the Ayre: or a meane degree, and reacheth to the middle Region of the Ayre: or else in a higher degree, & is elevated to the highest Region of the Ayre. Fiery Meteors are in number 14. but here is no place to speake of them. Airy Meteors are made of Smoke without part of fatnesse; and are two in number, Winde and earth-quakes. Wind is begotten, at what time as a subtill smoake is elevated from the earth and water into the middle Region of the ayre, for winds are nothing else but the ayre, which is mooued and driuen more violently then ordinary. An earthquake is begotten from a puft of winde, gathered often together within the hollow places and caues of the earth, which whiles that it maketh way with its owne power to come forth, of necessity it makes the earth to quake.

Vapours and exhaltations are the matter of clouds, and other Meteors. Watry Meteors are ingendred or bred of Vapours very watry; and therefore are easily resolued into water, they are in number seauen. A watry Meteor is water or may bee turned into water in the middle Region of the Ayre, as a Cloud or Snow, in the lower part of the Ayre, as a dewy exhalation thinner then a Cloud, that is, a Mist, or Fogge, Dew, Frost. Or in the same act of a Meteor; and is eyther Raine, Ice, or Hayle. Clouds are begot of nothing else but of very moyst vapours attracted out of the Waters by the power of the heate that comes from the Sunne, and the Element of Fire, and thickned into a Cloud, being drawne by the vertue of the firy Element and the reates of the Sunne, in a great abundance into the middle Region of the Ayre, and is ordayned a hollow body like as it were of a Spunge, (or Cloud) and are driuen with the winde to water the earth; by which meanes it commeth to passe, that it raineth vpon one Towne or City, and not vpon another at the same time very often. Snow is generated of a Cloud, lightly coagulated like a Creame, like as it were of carded Wooll or of Flox, which doth fall or fret off, perticularly with blasts of Winde. A Dewy, Mist, or Fogge, is generated and condensated in the lowest Region of the Ayre, and therefore is after Raine or after moysture of the night and day; if that it fall vpon the earth, it is a prediction of faire and clear Weather, that is to say, Because the matter of Raine is melted and resolued; but if Dewy, Mists, and Fogges doe ascend, they doe signifie

Raine:

Raine: that is to say, because the matter of Raine is conuerted into a Cloud. Dew is generated of a moist thinne Vapour, which falleth drop by droppe in a round fashion in night time: Of its chiefe kinds, are Manna and Honey which Bees doe gather; neuertheleſſe the effect of Dew is to moyſten the earth, and to comfort all Vegetables: from hence Dew is called the ioy and naturall life of Herbes. Froſt is generated of a cold Vapor which hath an earthly quality, which is extracted from fennish or moorish places and Fuliginous, and bound hard together like Salt, therefore Water of Froſt reſolued is very wholeſome.

Raine is a Vapor, drawne vp by the Sunne, Stars and fiery Element from the Sea, and all common Waters, so being generated of a Cloud, and is the matter of a Cloud, commonly riſing from the Terreſtriall towards the Celeſtiall Region, and is ſubtile and thinne, and is attracted by heate, and is preſently after thickned by the cold in the Region of the Ayre; and it is called (imber) a ſhewer when it falleth by little drops and moſt copious, or (nimbus) a great ſtorme of Raine, when it is of great drops, and falleth with force or Violence. This Meteor by Reaſon of Vapors is ſweete or ſharpe. Sweete Rayne is fruitfull: ſharp hurteth, becauſe it dryeth and maketh ground barren, euen as Wine doth.

I will not write how it may Rayne Iron, Stones, Milk, Blood, &c. yet often times they aforeſayd, doth come to paſſe, that there may be ſhewed the fauor or anger of God. Grando, or Hayle is ingendred of a cloud firſt of all changed into Water, after on a ſuddaine compaſſed about with coldneſſe of the Ayre congelated into a Round ſtone: So that when the congealed Water is Frozen by a ſtrong cold it becommeth Hayle; and with a ſmall cold, it engendreth ſmall driſling Hayle, ſuch as falls commonly in the Spring time. Snow (as before) is engendred of moyſture more ſoftly thicked, and Miſts and Fogges of cold Dews. And remember that from the Moone vnto the Chriſtalen Heauen, there are no Creatures ſubiect to corruption, and ſuch change, as thoſe that are vnder the Moone, vntill the day of Iudgement.

Of the Cauſes of Meteors.

A Meteor is to be conſidered in generall and in ſpeciall: A Meteor in generall is to be conſidered as touching the cauſe,

cause, efficient and matter. The nerest efficient cause of Meteors are as well Stars: Atque inter eas cumprimis Sol & Luna; also heate of the earth. Erneiy the Sunne doth draw or fetch vp exhalations from Sea and earth, and he draweth them into the middle Region, seldome into the supreame Region of the Ayre. But the Moone increaseth humors and maintaineth them in the earth and sea. Furthermore, the heate of the earth doth make thinne the moisture, and resolueth it into Vapors: After what fashion in Olla ad ignem posita fieri videmus. The matter of a Meteor is an exhalation of Water or earth; the one is called a vapor, the other a smoake, and also these for the purging of the ayre, both depend of fiery Meteors and of Winde.

Thus you may see that Nature is an order and a binding or knitting together of causes with effects in the World: which is performed, à perfecto optimo, sapientissimo factur. Therefore we vnderstand it to bee the ordinary power of God. Scalig exerc. 88. And therefore Nature is nothing else, then an ordinary organicall power of God, put or set in things created; and therefore it being diligently considered of some nice Diuines and hearers of the Schooll, might iudge more Christianly, both of Gods Ordinance, and of them that writeth of it, then they doe: For here the vnderstanding Reader may see, that euery speeces, or kinde of Creature compounded of Matter and Forme, hath their particular property agreeing to their Nature.

The Nature of the foure Cardinall Winds.

FIRST, Winds are in their owne Nature hote and dry, but sometime by accident it is, because they bee of a cold and moist Nature. For they take their qualities from the same place of the world, by the which they blow.

Secondly, Winds do purge the ayre, they make fruitfull the earth, in drawing out stormes of Raine from the clouds they do hasten fruites, in sterring them vp, and in shaking all things out, as nourishment may bee drawne from the earth into euery part.

Thirdly, east windes are hot and dry of nature, and so much more wholesome: For that cause men oven to themselues windowes of houses, Chambers, and Studies, that way.

Fourthly, westerne winds are somewhat cold and moyst of nature; for that cause they bring to passe, that they may branch

branch forth buds or blossomes of Plants, Hearbes, and Trees, &c. These windes do hinder hunting Dogs, by how much lesse happily they seeke to smell.

Fiftly, Southerne windes are hot and moyst of nature, the Authors of Rottennesse, Corruption and of superfluities; for that cause they make men to bee dull or nothing quicke of hearing; they moove dolors of the head, and bringeth the infection of the ayre and plague.

Sixtly, Northerne windes are of a cold and dry nature, of all windes most wholesome; for this cause men are to open or impart to themselues things belonging to Corne and places where any thing is layd to be kept, as shops, Storehouses, Cubboards and wine sellers.

Thus Gentle Reader I haue tediously laboured for thee, to shew thee some smattering of this Noble Arte of Naturall Phylosophy, which teacheth the Nature of all naturall things; and Seneca sayth, It is not in words but in matter: *Ut medicina corpus, ita animum curat Philosophia.* And thus you may see how the matter and the forme doth constitute the effect; and therefore, *Actio naturalis est secundum necessitatem formæ; quæ tamen ex similibus causis similia producuntur effectus.*

Foure Fayres to be holden within the City of Lichfeild *for ever.*

1 Is on *Fryday* next after twelft day, and the day following.
2 On *Ash-wednesday*, the 22. of *February*.
3 Is kept on May day, and the day following.
4 Is vpon the *Fryday* next before the feast of *Simon* and *Iude*, and the day following.

Laus Domino, Regi æternæ gloriæ.

GOD saue our gracious King CHARLES.

FINIS.

fortuna modica tutior
quod minus est fugito, parvo
gaudere memento

An Abstract of a Direction Concerning reall Contracts.

WHosoeuer shall desire to Purchase or put to Sale, to take in Lease, or let to Farme, to Grant, Assigne, Set ouer, exchange or otherwise to contract or deale with or for any Lands, Leases, Rents, Annuities Mantion Houses, &c. And shall cause the particulars of such things as they desire to purchase, or put to Sale, to let or to Hire, &c. To be brought to the place heere vnder written; may there haue ready meanes for the accomplishment of what shall be desired, on the one part or on the other, in any the cases aforesayd, or the like: Without any manner of Comstaaint, Restraint, &c.

God saue the King.

At the Porcht-house right against the end of shooe-lane in Holborne, London.

...ute mage est puppis, modico quae